



Okinawa Shorin Ryu New Zealand (Matsubayashi Ryu) 松林流

Japanese words we use

Titles Commonly Used

Osensei

Revered teacher, Greatest Teachers, Highly regarded or respected teacher

Soke

Head of family or lineage

Kancho

Head of dojo

Shihan

Chief instructor, teacher of teachers.

Shihandai

Assistant shihan

Sensei

Teacher

Yudansha

Black belt grades

Senpai

Senior Student & / or Teachers Assistant [meaning Senior to yourself].

Okinawa Teaching Licences

Hanshi

Senior leader to Model Instructors, to be modeled after. Exemplary Illustrious.



Kyoshi

Master, Teaching instructor [teacher of teachers]. Eminent Instructor; Master Instructor.



Renshi

Senior Expert, Professional, Training instructor. Highly trained; High Attainment



Numbers

Japanese	Pronunciation	English
rei	ray	zero
ichi	eech	one
ni	nee	two
san	san	three
shi (yon)	she	four
go	go	five
roku	roke	six
shichi (nana)	seech	seven
hachi	hach	eight
ku	koo	nine
ju	joo	ten
ju ichi	joo eech	eleven
ju ni	ju nee	twelve
ju san	ju san	thirteen
ju shi	ju she	fourteen
ju go	ju go	fifteen
ju roku	ju roke	sixteen
ju shichi	ju seech	seventeen
ju hachi	ju hach	eighteen
ju ku	ju koo	nineteen
ni ju	ni joo	twenty
san ju	san joo	thirty
shi ju	she joo	forty
go ju	go joo	fifty



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Commands & phrases

Japanese	Pronunciation	English
arigato gozaimasu	ah-ree-gah-toh goh-zai-mas	thank you very much
do itashimas'te	doh-ee-tash-ee ma-she-tay	you're welcome
hajime	hah-jee-may	begin
kawate	kah-wah-tay	on guard
kime	ke-mee	focusing technique
kiotsuke	kee-oh-skay	stand up straight!
konbon wa	cone-bon wah	good evening
konnichi wa	cone-ichi-ee wah	good afternoon
koshi o ireru	ko-she o ee-re-roo	"putting in the hip"
matte	mah-tay	wait
mawatte	mah-wah-tay	turn around
mokuso	moh-koo-soh	quiet meditation
onagai shimasu	oh-neh-guy she-mas	please (teach me)
otagai ni	oh-tah-gah-ee nee	toward each other
otagai ni rei	oh-tah-gah-ee nee ray	bow to each other
otagai ni taishi	oh-tah-gah-ee nee ta(i)-sh(e)	face each other
rei	ray	bow with respect
sensei ni rei	sen-say nee ray	bow to the teacher
sensei ni taishi	sen-say nee ta(i)-sh(e)	face the teacher
shomen ni rei	shoh-men nee ray	bow to the front
shomen ni taishi	shoh-men nee ta(i)-sh(e)	face the front
shugo	shoo-go	line up, gather together
wakarimasen	wah-car-ee-mah-sin	I do not understand
wakarimasu	wah-car-ee-mas	I understand
wakarimasu ka ?	wah-car-ee-mas kah	do you understand ?
yame	yah-may	stop
yoi	yoy	ready, attention



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Other words

Japanese	Pronunciation	English
atemi	ah-teh-me	strike (often to distract)
barai	bah-rye	sweep
bunkai	boon-keye	application of kata techniques
bushido	boo-she-doh	the way of the warrior
dai ichi	die-eech	The first
deshi	deh-she	student, pupil
dojo	doe-joe	place to learn the way
dogi (gi)	doe-ghee (ghee)	karate uniform
hai	hi	yes
hidari	hee-dah-ree	left
hojo undo	hoe-joe oon-doe	supplementary exercises
ido	ee-doe	moving, with movement
iya	ee-yay	no
jiyu kumite	jee-yu koo-meh-tay	freestyle sparring
junbi undo	joon-bee oon-doe	warmup exercises
karateka	kah-rah-tay-kah	karate student
kiai	key-eye	spirit yell
kihon	key-hon	basics
kiso tanren	key-soh tan-ren	foundation drill conditioning
kokyū ho	koh-kyu how	breathing methods
kotekitae	koh-teh-key-tay	arm pounding
kumite	koo-meh-tay	sparring
obi	oh-bee	karate belt
makiwara	mah-kee-wah-rah	striking board
migi	mee-gee	right
seiza	say-za	formal sitting on knees
shiai	she-eye	sparring match
sonoba	soh-no-bah	in place, not moving
waza	wah-zah	technique
yakusoku kumite	yah-k(oo)-soh-koo koo-meh-tay	pre-arranged sparring